



WONDERCHAPTER_{UNIP}

PORTUGAL

Maria João Martins

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Psychologist

Degree at the University of Lisbon

Training in areas such as: Cognitive Psychology;
Clinical Social Psychology; Intelligence and
Personality Diagnostic Techniques;
Organizational Behavior and Pathology; Family
Therapies and Psychotherapy Methodology.
Working in psycho-sociological research

Animal-assisted therapy technician

Alfredo Pereira

Animal Science Professor
at The University of Évora

Specialization and Research area.
Animal behaviour and animal welfare

Sheepdog trainer

OUR BACKGROUND AREAS OF WORK AND TARGET-POPULATIONS:

- **HERDING DOG TRAINING**

- With: shepherds; veterinarians, agricultural entrepreneurs
- With students: professional agriculture courses; animal science; veterinary

- **ANIMAL-ASSISTED ACTIVITIES**

- With: adolescents flagged by the school at risk of school failure; with psychological diagnoses such as: attention deficit disorder; challenging aggressive pattern of authority figures; depression; bipolar mood; conduct disorder; theft; self-mutilation; promiscuity; eating disorders; compulsive use of computers / cellphones; alcohol and drug abuse; family problems
- With prisoners serving prison terms

- **ANIMAL-ASSISTED THERAPY**

- With people with special needs: cerebral palsy, autism, physical disabilities, etc

WONDERCHAPTER

«OBEDIENCE TRAINING COURSE FOR DOGS»

AN INSTRUMENT FOR INCLUSION

Animal-assisted activity for self-development and inclusion

«OBEDIENCE TRAINING COURSE FOR DOGS»
an instrument for inclusion

«OBEDIENCE TRAINING COURSE FOR DOGS»

Through structured activities using the dogs, the technician works with trainees several areas of self-development as a person and as a citizen



«OBEDIENCE TRAINING COURSE FOR DOGS»
an instrument for inclusion

PERSONAL SKILLS

Self-esteem

Self-confidence

Self-control -
management of
frustration and
anger

Motivation

Concentration

Feeling of security

Empathy

TRAINEE'S IMPROVE IN
SEVERAL AREAS



SOCIAL SKILLS

Relationship
between pairs

Use of appropriate
social tools

Communication

Boundaries and
borders

Physical contact
difficulty

Sense of
responsibility

«OBEDIENCE TRAINING COURSE FOR DOGS»
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We use dogs selected
from shelters.

The activity promotes
their socialization and
trains basic obedience,
facilitating their future
adoption.



People with special
needs



inclusion of people with special needs in
the agro-sylvo-pastoral sector



WONDERCHAPTER

«SHEEPDOG HANDLING AND TRAINING CLINICS»

AN INSTRUMENT FOR INCLUSION

Animal-assisted activity for self-development and inclusion

«SHEEPDOG HANDLING AND TRAINING CLINICS»
an instrument for inclusion

«SHEEPDOG HANDLING AND TRAINING CLINICS»

Through structured activities using the dogs, the technician works key-areas to improve trainees' success in the farm work



«SHEEPDOG HANDLING AND TRAINING CLINICS»
an instrument for inclusion

TRAINEES ACQUIRE ADVANTAGEOUS TOOLS IN AGRO-SYLVO-PASTORAL SECTOR

Basic understanding on sheep behavior for easier handling

Autonomy handling farm animals

Safer working close to livestock

Effective contribution to animal welfare

Relevant role in pastures management



Ability to move animals from place to place, even in large numbers, effectively and efficiently at the command of the handler

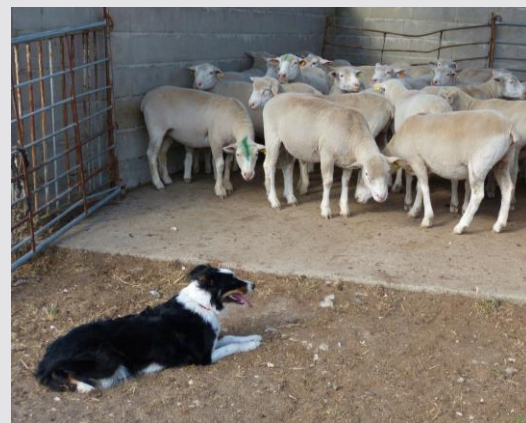
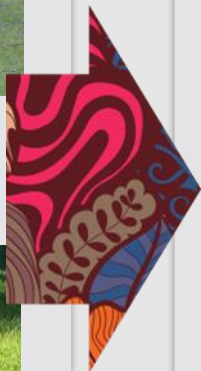
Job better done in less time on flock maintenance tasks - e.g. feeding, hoof trimming, lambing, truck loading

Low stress handling the flock to help the veterinarian in vaccination procedures, deworming, etc.

«SHEEPDOG HANDLING AND TRAINING CLINICS»
an instrument for inclusion



Dogs with sheep sense.



*«There is no good flock without a good shepherd.
And no good shepherd without a good dog »*

How would we implement these activities:



«SHEEPDOG HANDLING AND TRAINING CLINICS»



«OBEDIENCE TRAINING COURSE FOR DOGS»

Workshops may be addressed either to trainers or to trainees, depending on the priority decided by the work group

- to trainers - they will learn with us in practice how to implement these activities in their territories with their trainees
- to trainees - they will receive direct training during the workshops to further test training material and methodologies

Workshops will have daily sessions:

- Most of the sessions will be practical on the fields with the animals
- Some will be theoretical - adapted do the group capacities

We can implement these activities in other countries.



ANY QUESTIONS?

Muito obrigada!